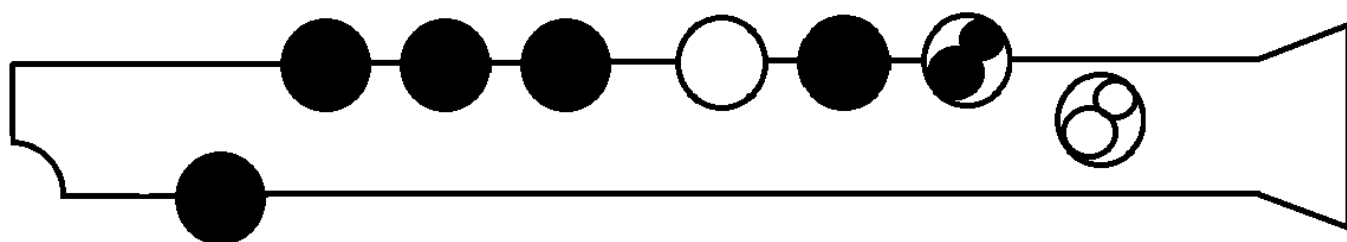


STUPNICOVÁNÍ

I.

DUR



Procvičování durových stupnic
pro **sopránovou** zobcovou flétnu

Pro své žáky vytvořil
Luboš Řehánek

Milí žáci.

Hraní stupnic a akordů nepatří k nejoblíbenějším chvílím, které strávíte se svým nástrojem. Ale přesto všechno se mu nelze vyhnout, tedy pokud chcete být opravdu dobrými hráči.

Jak se často říká, nic nejde bez pravidelného opakování – procvičování. I sportovci, když chtějí být mezi nejlepšími, musí trénovat nejenom techniku svého sportu, ale i různé posilovací cvičení a podobně. Třeba fotbalisti nehrají jenom fotbal. Musí se rozcvičit – zahřát, běhat kolem hřiště, skákat žabáky a jiné cviky. A dělají to i ti nejlepší reprezentanti.

Pro nás hudebníky patří stupnice k nejdůležitějším denním cvičením. Na stupnicích se tříbí intonace, zlepšuje nasazení, legato, rytmus, udržuje se rovný tón, nebo se vylepšuje prstová technika. Nestačí tedy se naučit stupnici (akord) zpaměti a pak ji celý týden nehrát. Musí se cvičit každý den, aby se dosáhlo co nejlepšího výsledku. Proto jsem vytvořil tento soubor cvičení, který vám snad hru stupnic ulehčí.

Každé cvičení byste měli časem umět hrát zpaměti. Cvičení **1, 2, 3, 6 a 7** se naučte zpaměti vždy.

Snažte se dodržovat následující body:

- **POSLOUCHEJTE SE**
- SLEDUJTE **NASAZENÍ** KAŽDÉHO TÓNU
- DBEJTE, ABYSTE MĚLI **CO NEJROVNĚJŠÍ TÓN**
- DODRŽUJTE **HODNOTY NOT** A STÁLE STEJNÉ **TEMPO**
- SOUSTŘEďte SE NA **SPRÁVNÉ DÝCHÁNÍ**
- HRAJTE UVOLNĚNĚ, MĚJTE RADOST Z KAŽDÉHO TÓNU

Není jednoduché dodržovat všechny body, které jsem vám tu vypsál. Nejlepší je si tyto body opsat velkým písmem a vylepit, nebo pověsit si je do místnosti, kde cvičíte, abyste je měli neustále na očích. Každodenním dodržováním těchto základních pravidel se budete postupně zlepšovat a sami zjistíte, že pak každá písnička, kterou si zahrajete, bude znít daleko lépe.

Tak hodně trpělivosti a mějte radost z každého pěkného tónu.

Luboš Řehánek

Stupnicování I. - DUR

Luboš ŘEHÁNEK
2018

C dur

procvičování stupnic
pro sopránovou (tenorovou) zobcovou flétnu

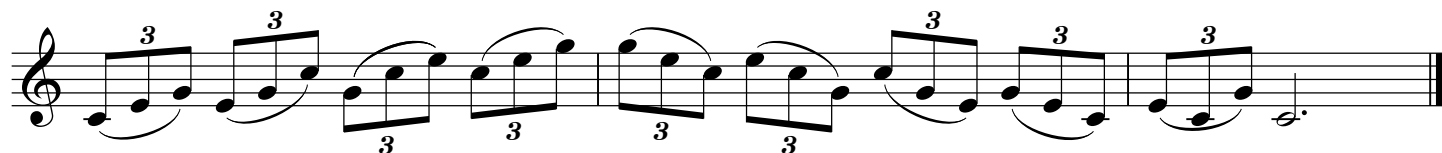
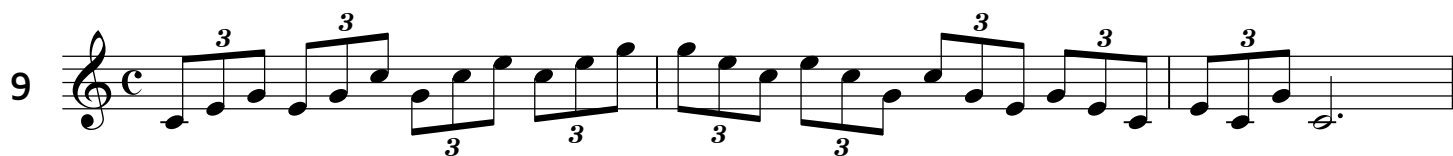
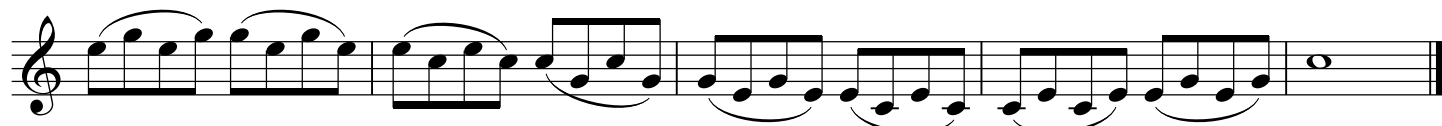
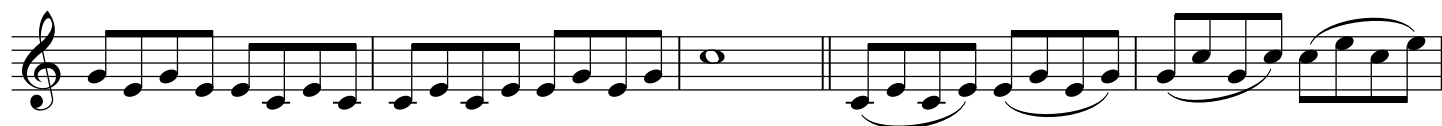
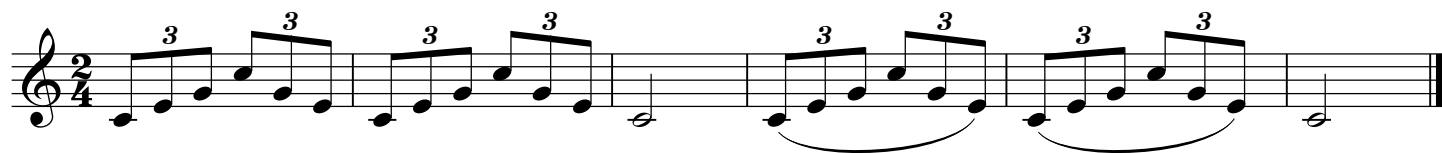
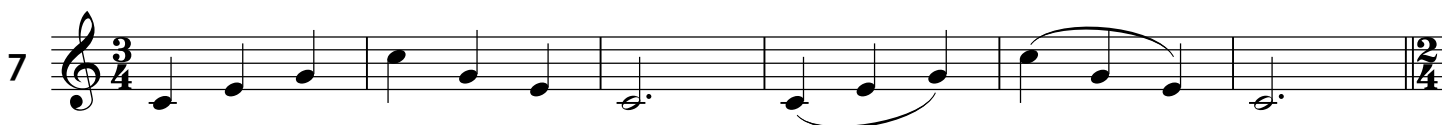
1

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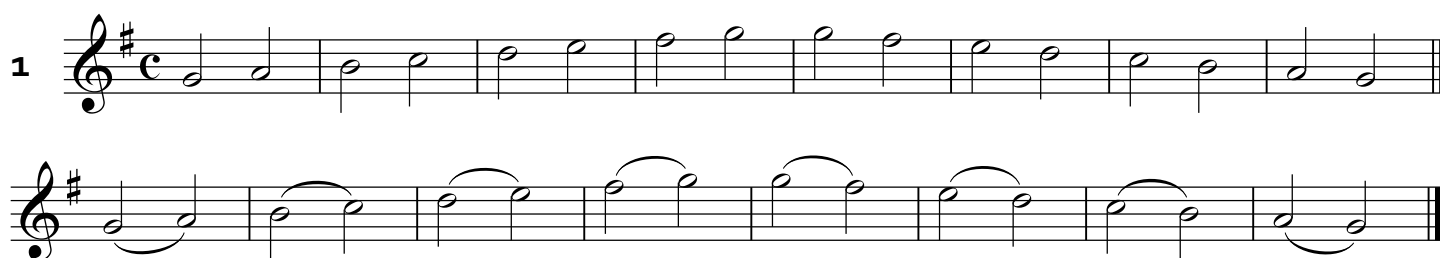


1. tenuto, 2. legato (různě), 3. staccato





G dur



5

Musical notation for exercise 5, Soprano part, D major, common time. It consists of four staves of music. The first staff starts with a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody is composed of eighth and sixteenth notes, mostly ascending and then descending. The second staff continues the melody. The third staff has a double bar line in the middle. The fourth staff ends with a double bar line and a whole note.

6

Musical notation for exercise 6, Soprano part, D major, common time. It consists of two staves of music. The first staff has a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody features some slurs. The second staff continues the melody with slurs and ends with a double bar line and a whole note.

7

Musical notation for exercise 7, Soprano part, D major, 3/4 time. It consists of two staves of music. The first staff has a treble clef, a key signature of one sharp (F#), and a 3/4 time signature. The melody includes slurs and a double bar line. The second staff continues the melody with slurs and ends with a double bar line and a whole note.

8

Musical notation for exercise 8, Soprano part, D major, common time. It consists of three staves of music. The first staff has a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody is composed of eighth and sixteenth notes. The second staff continues the melody with slurs. The third staff continues the melody with slurs and ends with a double bar line and a whole note.

9

Musical notation for exercise 9, Soprano part, D major, common time. It consists of two staves of music. The first staff has a treble clef, a key signature of one sharp (F#), and a common time signature (C). The melody includes many triplets, indicated by a '3' over the notes. The second staff continues the melody with triplets and ends with a double bar line and a whole note.

1. tenuto, 2. legato (různě), 3. stacato

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F dur

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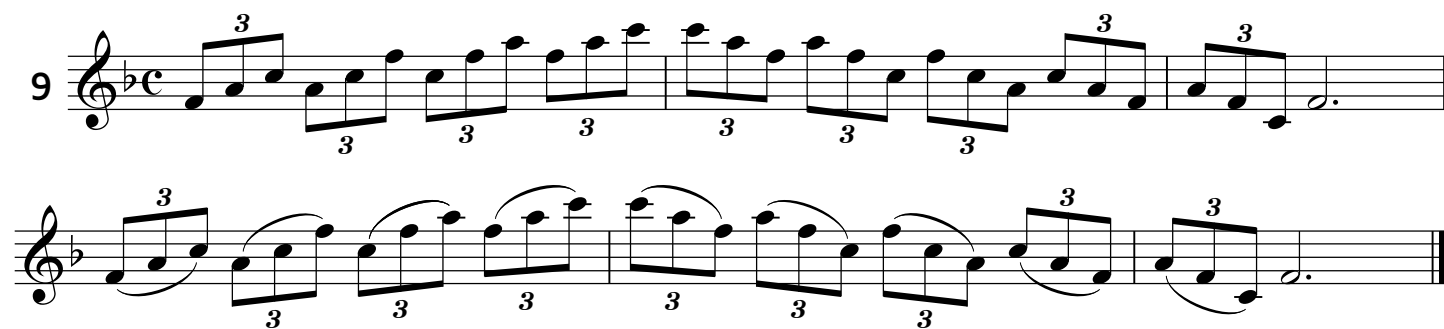
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D dur



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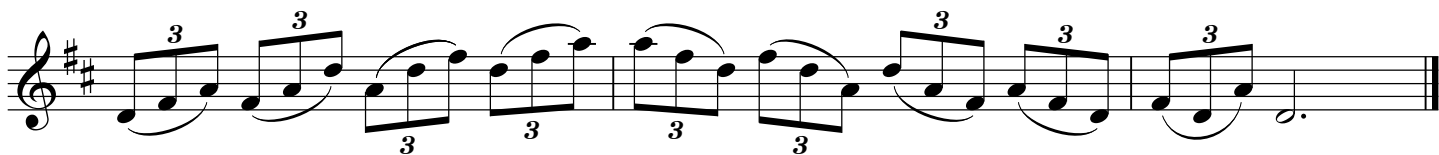
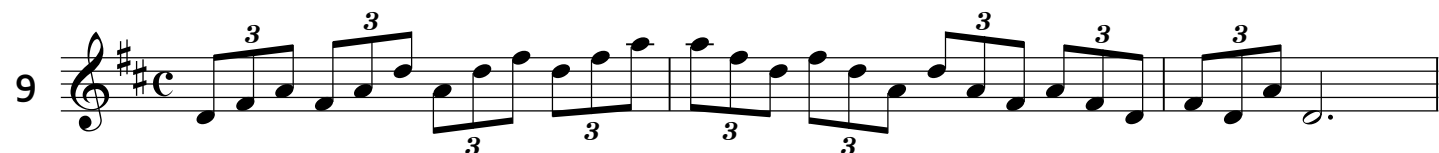
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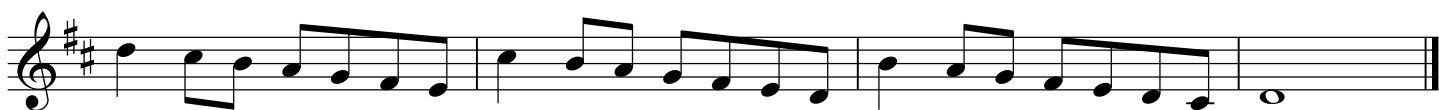
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2/4



1. tenuto, 2. legato (různě), 3. staccato



B dur

1

Exercise 1 consists of two staves of music in B major (two flats: Bb, Eb) and C major (no sharps or flats). The first staff contains the first eight measures of the C major scale (C4 to C5) in quarter notes. The second staff contains the next eight measures of the C major scale (C4 to C5) in half notes, with slurs over pairs of notes.

2

Exercise 2 consists of two staves of music in B major and C major. The first staff contains the first eight measures of the C major scale in quarter notes. The second staff contains the next eight measures of the C major scale in half notes, with slurs over pairs of notes.

3

Exercise 3 consists of two staves of music in B major and C major. The first staff contains the first eight measures of the C major scale in quarter notes. The second staff contains the next eight measures of the C major scale in half notes, with slurs over pairs of notes.

4

Exercise 4 consists of two staves of music in B major and C major. The first staff contains the first eight measures of the C major scale in quarter notes. The second staff contains the next eight measures of the C major scale in half notes, with slurs over pairs of notes.

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[illegible]

A dur

The image displays a musical score for three voices, labeled 1, 2, and 3, arranged in three systems. Each system consists of two staves. The key signature for all parts is one sharp (F#), and the time signature is common time (C).
 - **System 1:** The first staff (Voice 1) begins with a treble clef and a key signature of one sharp. The second staff (Voice 2) begins with a treble clef and a key signature of two sharps (F# and C#).
 - **System 2:** The first staff (Voice 1) begins with a treble clef and a key signature of two sharps. The second staff (Voice 2) begins with a treble clef and a key signature of one sharp.
 - **System 3:** The first staff (Voice 1) begins with a treble clef and a key signature of one sharp. The second staff (Voice 2) begins with a treble clef and a key signature of two sharps.
 The notation includes various musical symbols such as notes, rests, beams, and slurs, indicating a complex melodic and harmonic structure.

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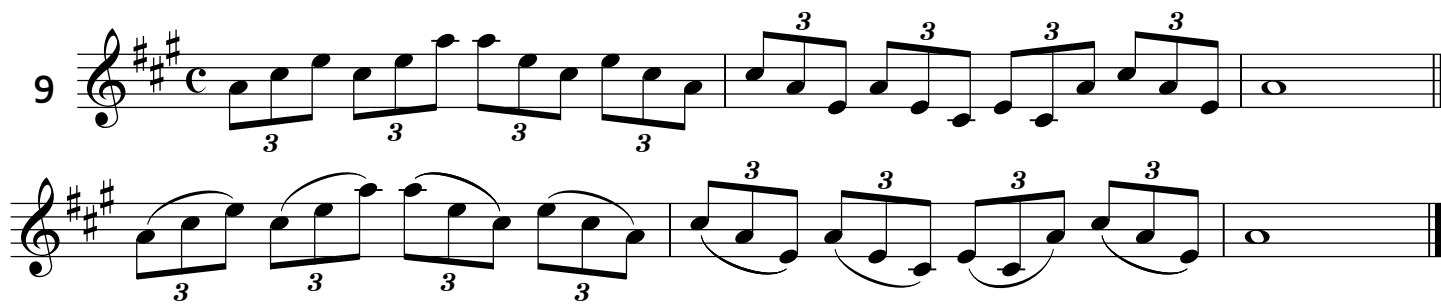
80

81

82

83

84



1. tenuto, 2. legato (různě), 3. stacato



Es dur



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1. tenuto, 2. legato (různě), 3. stacato

E dur

1

2

3

This page contains 12 staves of musical notation for a piano exercise in E major (three sharps: F#, C#, G#). The key signature is indicated by three sharps on the treble clef. The time signature is common time (C).

The notation includes various rhythmic patterns and triplet exercises:

- Staff 4:** Features a sequence of eighth-note triplets and eighth-note pairs.
- Staff 5:** Continues the sequence of eighth-note triplets and eighth-note pairs.
- Staff 6:** Includes a sequence of eighth-note pairs and eighth-note triplets.
- Staff 7:** Features a sequence of eighth-note pairs and eighth-note triplets.
- Staff 8:** Includes a sequence of eighth-note pairs and eighth-note triplets.
- Staff 9:** Features a sequence of eighth-note pairs and eighth-note triplets.
- Staff 10:** Includes a sequence of eighth-note pairs and eighth-note triplets.
- Staff 11:** Features a sequence of eighth-note pairs and eighth-note triplets.
- Staff 12:** Includes a sequence of eighth-note pairs and eighth-note triplets.

The notation is written in a standard musical format with a treble clef, a key signature of three sharps, and a common time signature. The exercises are designed to develop finger dexterity and rhythmic accuracy.

9

1. tenuto, 2. legato (různě), 3. stacato

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As dur

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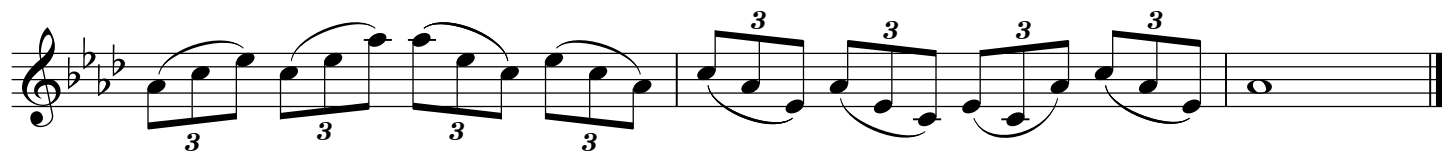
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1. tenuto, 2. legato (různě), 3. staccato



TABULKA HMATŮ

c'			d''		
cis'			dis''		
d'			e''		
dis'			f''		
e'			fis''		
f'			g''		
fis'			gis''		
g'			a''		
gis'			ais''		
a'			h''		
ais'			c'''		
h'			cis'''		
c''			d'''		
cis''					
cis'''					

OBSAH

C dur	3
G dur	5
F dur	7
d dur	9
B dur	12
A dur	14
Es dur	16
E dur	18
As dur	20
Tabulka hmatů	23

